Strategies to deliver safe prenatal care for pregnant patients during the COVID-19 pandemic

Reduce in-person visits to 5:
- Initial OB 28 weeks
- Anatomy Scan 36 weeks
- 39 weeks

By clustering care around:
- Exams
- Labs & Injections
- Imaging

Maximize support using telemedicine:
- Video visits where possible
- Phone visits as an alternative

Supported by remote monitoring:
1. Blood Pressure
2. Fetal Heart Tones
3. Weight

Use strict precautions when in-person contact is necessary
- Wait in the car
- Reduce contact with symptomatic patients
- See CDC guidelines!

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